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RE: Meals on Wheels

NDMH is urgently looking for Meals on Wheels volunteers. There are (3) volunteers at the moment; however more volunteers are needed to keep this program going. At this time there are no volunteers for Friday to deliver to Nipigon or Red Rock.

Meals on Wheels delivers nutritious, delicious and affordable meals to our Seniors and is crucial for keeping our Seniors in their own home.

Meals would be picked up at the Nipigon Hospital at 4:00 pm from Monday to Friday.

Depending on what day it is the number of clients vary:

Monday - Nipigon 8 clients
Red Rock 4 clients

Tuesday - Nipigon 7 clients
Red Rock 3 clients

Wednesday - Nipigon 8 clients
Red Rock 5 clients

Thursday - Nipigon 7 clients
Red Rock 3 clients

Friday - Nipigon 8 clients
Red Rock 4 clients

To volunteer for this program you would need:

- Driver's license
- Vulnerable Sector Check
- Vaccinated against COVID-19

If your organization or any individual is interested in volunteering for this much needed program, or need any further information, please contact Tammy Barr at 887-3026 ext 1242 or by email at tbarr@ndmh.ca.